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# Summary of Safety and Clinical Performance

# PALACOS® R+G pro

- Patient section -

Document Number: 59059 Effective Date: 06.12.2023

English



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## 2 Abbreviations / Explanations

ALBC AUS	Antibiotic-loaded bone cement Australia
BfArM	Federal Institute for Drugs and Medical Devices
DIAIM	[Bundesinstitut für Arzneimittel und Medizinprodukte]
BCIS	Bone cement implantation syndrome
CAN	Canada
CE	Conformité Européenne
CER	Clinical Evaluation Report
CH	Switzerland
CPR	Cardiopulmonary resuscitation
CS	Common specifications as defined in the MDR
CT	Computer tomography
DIN	Deutsches Institut für Normung [German Standard]
E141	Food colorant, chlorophyll-copper-complex
EN	Europäische Norm [European Standard]
EUDAMED	European Database on Medical Devices
FDA	Food and Drug Administration [USA]
IFU	Instructions for Use
ISO	International Organization for Standardization
GER	Germany
MAUDE	Manufacturer and User Facility Device Experience [USA]
MDD	Medical Device Directive 93/42/EEC
MDR	Medical Device Regulation (Regulation (EU) 2017/745 of the European Parliament and of the
	Council of 5 April 2017 on medical devices, amending Directive 2001/83/EC, Regulation (EC) No
	178/2002 and Regulation (EC) No 1223/2009 and repealing Council Directives 90/385/EEC and
	93/42/EEC)
MHRA	Medicines and Healthcare Products Regulatory Agency in the UK
MMA	Methyl methacrylate
MRI	Magnetic resonance imaging
N	Set of natural numbers
N/A	Not applicable
NB	Notified Body
NJR	National Joint Registry of England, Wales, Northern Ireland, the Isle of Man and the States of
DMOE	Guernsey
PMCF	Post-Market Clinical Follow-Up
PMMA	Poly (methyl methacrylate)
PMS SRN	Post-Market Surveillance
SSCP	Single registration number for an economic operator
Swissmedic	Summary of Safety and Clinical Performance Swiss Agency for Therapeutic Products
TGA	Therapeutic Goods Agency [Australian Government]
TPLC	FDA Total Product Life Cycle database
UDI-DI	Unique Device Identification - device identifier
UK	United Kingdom
US / USA	United States of America



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## **3 General Information**

This document applies to implantable class IIb and class III medical devices developed by Heraeus Medical GmbH and is established to comply with the Medical Device Regulation (MDR) 2017/745 (EU) of 5<sup>th</sup> April 2017, valid from May 2021.

The Summary of Safety and Clinical Performance (SSCP) is intended to provide a summary of clinical data pertinent to the safety and clinical performance of the medical device. The SSCP is an important source of information for intended users – both healthcare professionals and if relevant for patients. It is one of several means intended to fulfil the MDR objectives, to enhance transparency and provide adequate access to information.

## 3.1 Relevant Information for patients

The following chapters provide a summary of the safety and clinical performance of the device intended for patients.

This Summary of Safety and Clinical Performance (SSCP) provides public access to an updated summary of the main aspects of the safety and clinical performance of the device. The information presented below addresses patients or lay persons. The first part of the document shows a more extensive summary of safety and clinical performance prepared for healthcare professionals.

The SSCP does not provide general advice on the treatment of a medical condition. Please contact your doctor/surgeon in case you have questions about your medical condition or about the use of the device in your situation. This SSCP does not replace an Implant Card or the Instruction for Use (IFU) to provide information on the safe use of the device.

## 3.1.1 Background information

PALACOS<sup>®</sup> R+G is a bone cement. It is based on a biologically safe material called poly(methyl methacrylate) (PMMA). This material has a long history of safe use in humans. PALACOS<sup>®</sup> R+G was the basis for development of the bone cement PALACOS<sup>®</sup> MV+G as well.

PALACOS<sup>®</sup> R+G pro is a mixing and application system that already contains the bone cement PALACOS<sup>®</sup> R+G. This is also available as PALACOS<sup>®</sup> MV+G pro, prefilled with PALACOS<sup>®</sup> MV+G. Both bone cement mixing and application systems will be addressed as PALACOS<sup>®</sup> +G pro bone cements.

PALACOS<sup>®</sup> +G pro bone cements are used in adults such as elderly patients with degenerative joint disease. Osteoarthritis is an example for such a joint disease. Osteoarthritis is the most common form of arthritis and affects millions of people worldwide. It occurs when the protective cartilage that cushions the ends of the bones wears down over time. Patients with trauma after severe accidents with several fractures in a bone can also be considered for treatment with bone cements. The bone cement is used to anchor total or partial joint endoprostheses. It attaches endoprostheses firmly and stably to the bone. Endoprostheses are medical devices used to replace parts of the inside of your body. Hip, knee or shoulder joints can be replaced by an endoprostheses, for example.

Arthroplasty is a surgical procedure to restore the function of a joint. Primary arthroplasty refers to the first joint replacement. Revision arthroplasty refers to follow-up surgery on the same joint. In total joint replacement parts of a joint are removed and replaced by an implant, the endoprosthesis. In partial joint replacement artificial surfaces replace only the movable surfaces of a joint. The healthy parts of the joint stay intact.

Bone cements can also treat cases of bone loss. For example, after severe accidents with multiple fractures in a bone. The name of this surgical technique is reconstruction of bone. It restores bone continuity mainly in patients suffering from tumor of the bone or in trauma.

Your doctor/surgeon applies the bone cement during surgery. The instructions for use give directions.

Your doctor/surgeon takes care of the following aspects during your surgery:



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- The bone cement is applied to your carefully cleaned, aspirated, and dried bone.
- Your prosthesis is put in place and held until the bone cement has set completely.
- During and immediately after the bone cement is applied, your doctor/surgeon will monitor your blood pressure, pulse, and breathing carefully. This ensures early detection and treatment of adverse events such as low blood pressure and cardiac arrest. Drops in blood pressure have occurred remotely and shortly after application of bone cement. However, consequences such as cardiac arrest are only reported in very few cases.

It is safe to have magnetic resonance tests (MRI) with PALACOS<sup>®</sup> +G pro bone cements. But the composition of the prosthesis you receive together with the bone cement may affect your ability to have magnetic resonance tests. You will receive an implant card for the bone cement that was used. Additionally, you will receive an implant card for the prosthesis. Please keep these documents and provide them in future examinations (e.g., X-ray, CT scan, MRI).

## 3.1.2 Device identification and general information

#### 3.1.2.1 Products (device trade names) covered by this document

• PALACOS<sup>®</sup> R+G pro

#### 3.1.2.2 Manufacturer name and address

Heraeus Medical GmbH Philipp-Reis-Str. 8/13 61273 Wehrheim Germany

#### 3.1.2.3 Basic UDI-DI number of the concerned product

The unique device identification (UDI) consists of a series of numbers with letters. It allows the unmistakable identification of a specific medical device on the market. An UDI device identifier (UDI-DI) is specific to a device, connecting the product to the information on the EUDAMED database.

The following UDI-DI number is assigned to the product:

Product	Basic UDI-DI
PALACOS <sup>®</sup> R+G pro	4260102130201010001B9

#### 3.1.2.4 Year of first CE-mark

Before a medical device is introduced on the market in the European Union, it needs to show that the product fulfils the requirements. The so-called CE-certification documents the fulfilment, and the CE-mark is placed on the product. The legal requirements for medical devices have changed in May 2021. Then, the Medical Device Regulation (MDR) replaced the Medical Device Directive (MDD).

The following table contains detailed information about the different product. The table lists the year of the first CEmark under MDR.

Product	Year of first CE-mark under MDR
PALACOS <sup>®</sup> R+G pro	pending



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3.1.3 Intended use of the device

#### 3.1.3.1 Intended purpose

PALACOS<sup>®</sup> +G pro bone cements are intended for stable anchoring of total or partial joint replacements (endoprostheses) in living bone as well as for reconstruction of bone.

#### 3.1.3.2 Indications and intended patient groups

PALACOS® +G pro bone cements are indicated for surgical treatment such as

- anchoring of endoprosthesis in primary and revision arthroplasty procedures of
  - o hip
  - o knee
  - o ankle
  - o shoulder
  - o elbow
  - reconstruction of bone via induced membrane technique after tumor surgery and / or trauma

These treatments are typically conducted in adults, predominantly elderly patients with osteoarthritis and patients with trauma.

#### 3.1.3.3 Contraindications/ advice against treatment

PALACOS<sup>®</sup> +G pro bone cements must not be used in the following cases:

- known or suspected intolerance against parts of the bone cement or against the antibiotic gentamicin
- infection at the site of the body where the surgery is planned
- patients with impaired kidney function
- reconstruction of skull bone defects
- spinal surgery
- children

#### 3.1.3.4 Lifetime of the device

There is no general factor influencing the lifetime of the PALACOS<sup>®</sup> +G pro bone cements. The general provisions for the prosthesis they anchor also apply to the bone cements. The actual lifetime of these bone cements can be influenced by factors such as your medical situation and your lifestyle.

#### 3.1.4 Device description

PALACOS<sup>®</sup> +G pro bone cements are based on a biologically safe material called poly (methyl methacrylate) (PMMA) which has a long history of safe use in humans.

#### Composition

The cement consists of 2 main components, a powder and a liquid. The table below shows the composition of the components. Mixing of the components starts a chemical reaction. This so-called polymerization forms a soft dough. The dough becomes more and more solid over time. Your surgeon determines the right time for the application of the dough to the bone. There it hardens completely. In addition, the cement contains an antibiotic (gentamicin). Your treating surgeon choses the antibiotic to prevent an infection.

#### PALACOS<sup>®</sup> R+G pro contains:

Constituents	PALACOS <sup>®</sup> R+G pro	
Powder		
PMMA copolymer	82%	
Polymer (powder component)	82%	

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Constituents	PALACOS <sup>®</sup> R+G pro
zirconium dioxide X-ray contrast medium (enabling visualization with X-ray, CT or MRI)	15%
benzoyl peroxide Chemical component initiating the polymerization reaction	1%
gentamicin sulfate (Antibiotic)	2%
Liquid:	
methyl methacrylate Monomer (liquid component)	98%
N, N-dimethyl-p-toluidine Chemical component accelerating the polymerization reaction	2%

The data is rounded

Other constituents:

- Powder: chlorophyll-copper-complex (E141) (Food colorant. Improving visibility of the bone cement in the surgical field)

- Liquid: chlorophyll-copper-complex (E141), hydroquinone (chemical component stabilizing the chemical reaction)

Traces of histamine may be present in the bone cement. But no manufacturing residuals that could pose a risk to you have been found. Be aware that the composition table shows the constituents <u>before</u> mixture of the bone cement components. The methyl methacrylate is completely used up during setting and forms the hardened bone cement. PALACOS<sup>®</sup> +G pro bone cements are intended for single-use and are supplied sterile.

## 3.1.5 Risks and warnings

Contact your doctor/surgeon if you believe that you are experiencing side effects. This applies for side effects related to the device or its use and also if you are concerned about risks. This document does not replace a consultation with your doctor/surgeon if needed.

Side effects are events that are known when using the device. They can be caused by the device.

Residual risks are risks which cannot be controlled by the device manufacturer. They are mostly related to the surgical procedure in general.

Adverse events are events that can occur in a clinical investigation. They have a negative impact mostly on the patient. No causal relationship with the device must be present.

Side effects and residual risks of the device can occur with different frequencies. Following frequencies could be relevant:

Frequent: > 1:1 000 Probable: 1:10 000 to 1:1 000 Occasional: 1:100 000 to 1:10 000 Remote: 1:1 000 000 to 1:100 000 Improbable: < 1:1 000 000

By way of example, in case that a side effect is considered as improbable, the side effect will occur in less than 1 out of 1 000 000 surgeries.

#### Side effects

The following side effects can occur during or after the surgery.

#### Improbable:

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Allergic reaction including local reaction and allergic shock

## Renal impairment

Bone or tissue changes (dissolution of bone or tissue modification to bone)\*

Reddening of skin or tissue, hives

## <u>Residual risks</u>

The following residual risks can occur during or after surgery.

### Frequent\*

Bone cement implantation syndrome (BCIS) grade 1 (drop in blood pressure, moderate reduced oxygen supply)

#### Remote

BCIS grade 2 (drop in blood pressure, severe reduced oxygen supply, unexpected loss of consciousness) BCIS grade 3 (cardiovascular collapse, requiring CPR)

Frequent\*

Loss of the implant due to different reasons (for example: insufficient connection between bone cement, endoprosthesis and/or bone; falls; fracture near the endoprosthesis)

Frequent\*

Bacterial infection including infection of the bone marrow and/or cellulitis

Improbable Numbness\* Blood loss\* Unequal limb length, loss of range of motion of the concerned part of the body, ambulation difficulties Necrosis of tissue due to heat\* Inflammation Swelling / Edema Fibrosis

\* residual risks that have not been reported to Heraeus Medical GmbH, but are known from literature and the stateof the-art.

Please contact your healthcare professional if you have any questions.

## Reporting of side effects, residual risks, or adverse events

If you experience any of these side effects or residual risks, or if you notice any adverse events not listed in this document, contact your doctor/surgeon immediately. You can also contact Heraeus Medical GmbH directly using the following email-address: hm.vigilance.medical@heraeus.com

## 3.1.6 Summary of clinical evaluation and post-market clinical follow-up

PALACOS<sup>®</sup> R+G was the first bone cement with an antibiotic introduced in 1972. All further products of the PALACOS<sup>®</sup> +G product family like PALACOS<sup>®</sup> MV+G, PALACOS<sup>®</sup> LV+G and PALACOS<sup>®</sup> fast R+G are based on PALACOS<sup>®</sup> R+G. They own few modifications in terms of product characteristics. These products were developed and placed on the market between 1975 (PALACOS<sup>®</sup> LV+G), 1998 (PALACOS<sup>®</sup> MV+G) and 2013 (PALACOS<sup>®</sup> fast R+G). PALACOS<sup>®</sup> +G bone cements treated a total of about 30 million patients worldwide so far. The product range of PALACOS<sup>®</sup> +G bone cements can be considered as state-of-the-art in the field of stable anchoring of joint endoprostheses as well as for reconstruction of bone.

The manufacturer performs the analysis of any clinical data regularly. Sources can be endoprosthesis registries and scientific publications, for example. These activities are called post-market clinical follow-up measures. They allow the continuous proof of the benefit/risk ratio of the medical device. Registries are databases which collect long-term results after application of products in patients. These databases can be initiated by governmental authorities, medical societies, or manufacturers. In most cases they collect data from hospitals or private practices on a regional or national level.

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The following clinical benefits and outcome parameters relate to the use of the bone cements:

- Stable fixation of the endoprosthesis with a low risk of revision surgery. This is evaluated on the basis of long-term data from regional or national registries.
- Improvement of impaired body function with a high patient satisfaction. This is evaluated on the basis of quality-of-life data from registries.
- Relief of symptoms related to the surgical procedure with high patient success. This is evaluated on the basis of quality-of-life data from registries.
- Application of bone cements in combination with an antibiotic with a low risk of infection. This is evaluated on the basis of revisions that are caused by infections, compared to the overall number of revisions (based on data from registries).
- Local use of an antibiotic within the bone cement can result in a reduced risk for side effects compared to oral or intravenous administration of the antibiotic. This is evaluated on the basis of complaints reported to manufacturer, evaluation of databases and data regarding the development of the medical device.
- The reconstruction of bone via induced membrane technique can result in the preservation of function of the limb or of the limb itself. This is evaluated by determination of the union of bone defects after tumor surgery and / or trauma.

The above-mentioned clinical benefits and clinical outcome parameters are important to decide on the benefit/risk ratio of the PALACOS<sup>®</sup> +G bone cements. The manufacturer evaluates the achievement of these clinical benefits.

The analysis revealed that PALACOS<sup>®</sup> R+G performed as expected in all aspects of the above-listed outcome parameters:

- Stable fixation was analyzed by two aspects: the rate at which operations needed to be repeated (revision rate) and the rate at which endoprostheses loosened over time (aseptic loosening). Both rates were in a range comparable with the current state-of-the-art. For example, the revision rate of PALACOS<sup>®</sup> R+G was reported to be 3.0% for primary hip and 3.9% for primary knee, which is comparable to benchmark standards (range for hip: 3.0% to 4.8%; range for knee: 3.4 5.8%).
- Impaired body function was evaluated through questionnaires. In these, patients have reported on how much they are impacted in their daily activities. In all cases, PALACOS<sup>®</sup> R+G was comparable to current state-of-the-art.
- Relief of symptoms was evaluated through questionnaires. In these, patients have reported on how much better their joint was after the surgery. In all cases, PALACOS<sup>®</sup> R+G was comparable to current state-of-the-art.
- The number of re-operations because of an infection at the site of surgery was comparable to the current state-of-the-art in patients who underwent their first operation with PALACOS<sup>®</sup> R+G and for revision surgeries.
- PALACOS<sup>®</sup> R+G contains an antibiotic that can also be given directly into the veins. From this it is known that too high amounts can cause severe side effects. In a clinical study, it was measured how high up the blood concentrations of antibiotics released from the bone cement would go after an operation with PALACOS<sup>®</sup> R+G. The result was that the values remained far below the levels which can lead to severe side effects.
- Reconstruction of bone via induced membrane technique was analyzed by the rate of successful bone union after two-stage reconstruction. The performance of PALACOS<sup>®</sup> R+G was comparable to the stateof-the-art.

Additionally, the scientific literature for PALACOS<sup>®</sup> R+G was thoroughly evaluated and 45 publications were identified and analyzed. Two additional publications from the equivalent device of PALACOS<sup>®</sup> R+G (PALACOS<sup>®</sup> MV+G) were included in the analysis as well. It can be summarized that all data show favorable clinical results for PALACOS<sup>®</sup> R+G.



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In conclusion, the success rates of the clinical benefits were comparable to or better than the current state-of-theart.

Therefore, the manufacturer confirms that the benefits outweigh the risks for the indications of PALACOS® R+G pro:

- anchoring of endoprosthesis in primary and revision arthroplasty procedures of
  - o hip
  - o knee
  - o **ankle**
  - o **shoulder**
  - o elbow
- reconstruction of bone via induced membrane technique after tumor surgery and/or trauma.

The following activities are planned to ensure safety and performance of PALACOS® +G pro bone cements:

- Device Registry Analysis, to monitor the safety and performance of PALACOS® +G pro bone cements
- Screening of Scientific Literature, to monitor the safety and performance of PALACOS<sup>®</sup> +G pro bone cements
- Authority Databases (adverse events and recalls), to monitor the safety of PALACOS<sup>®</sup> +G pro bone cements

The same activities are performed for similar products, in order to detect potential safety or performance issues early. The results will be summarized in reports. These activities will be conducted on an annual basis in connection with the continuous updates of the clinical evaluations.

## 3.1.7 Possible diagnostic or therapeutic alternatives

#### General information

Contact your doctor/surgeon when you consider alternative treatments. Depending on your individual situation, two treatment approaches are possible. On the one hand conservative treatment such as physiotherapy or pain medication without surgery is possible. On the other hand, surgical treatment such as joint surgery like hip replacement surgery could be reasonable. Choice of treatment depends on your specific condition and your doctor's opinion.

#### Joint surgery

If possible, your doctor/surgeon will try to treat defective joints by other means. If all other treatment options fail, a reconstructive joint surgery may be necessary. This means, the complete joint or only parts of the joint are replaced by an endoprosthesis. Joint surgeries and endoprosthesis revision operation as well as the use of PMMA bone cements are very well-established procedures in joint replacement surgery.

PMMA is widely and successfully used for the fixation of various endoprostheses since decades. At present, PMMA is still the most commonly used fixation material in primary joint surgeries. Uncemented procedures have also been used in primary joint surgeries. However, current data do not allow to determine if cementless or cemented generally perform better in joint surgeries. The advantage of the cemented procedures using PMMA is the long-term experience with this material. Also, the majority of orthopedic surgeons is familiar with the use of PMMA. Furthermore, bone cement can apply local antibiotics. This allows for infection prevention in patients at risk for infection. In addition, bone cements generally spread the force of movement evenly into the bone. Especially in patients with poor bone substance this is an advantage. Your doctor/surgeon will decide on the procedure that fits to your specific clinical condition best.

There is no other treatment option than a surgery in patients with suspected or confirmed infection of the implanted device (so-called prosthetic joint infections). Such a revision surgery can be either a one-stage or a two-stage surgery. A so-called one-stage surgery takes place in a single surgical step. The surgeon removes the infected



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prosthesis and bone cement, cleans the surgical site thoroughly, and places a new prosthesis. A so-called twostage approach consists of two separate surgeries. During the first surgery, the surgeon removes the infected prosthesis and bone cement, cleans the surgical site thoroughly, and places a provisional spacer. This ensures proper treatment of the infection. The spacer also provides a limited range of motion during the time until the second operation. After the infection is cured, the second surgery takes place. The surgeon removes the provisional spacer and places a new permanent prosthesis. The attending surgeon will choose the appropriate surgical approach according to the patient's situation.

#### Reconstruction of bone

Oncological treatment or trauma may lead to bone loss. PMMA bone cement is able to fill certain bone defects depending on the depth and surface of the defect. The method "Induced Membrane Technique" can support new bone growth in an area where part of a bone had to be removed due to cancer or was lost due to trauma. For this approach bone cement is only placed between the ends of a defect for a short period of time. The bone cement is not fixed to the bone.

For larger defects further therapy options have to be considered. Therapy options like human tissues from donors, metal implants or custom-made protheses are available. The attending surgeon will choose the appropriate surgical approach according to the patient's situation.



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